

BUFFALO HIGH SCHOOL

NOVEMBER 2020

Condiments Ketchup, Mayo, Mustard, salsa Variety of cold milk serve daily fat-free and 1% MILK

Wednesday Monday Tuesday **Thursday** Friday chicken Alfredo/breadstick Cowboy Nacho's Philly steak sub's Deli-sub w broccoli cheese soup Po-boy Sub BBQ-chopped beef on bun Frito Pie Busy day soup green beans curly fries refried beans Breadstick veggie cups Glazed carrots Tossed side salad steamed corn fruity gelatin Fresh seasonal fruit TEACHER WORK DAY !! Baked honey Sinnamon apples Fruit choice Baked chicken w dressing or Chicken Sandwich Ham & cheese melt 10 chicken-cheese Tamales Hamburgers sliced ham/ wheat Roll Beef burrito Spaghettí meatballs/Roll Chicken tender/roll Western burger Mashed potatoes Perfect Pinto beans Tossed side salad veggie dipper w ranch Sweet potato fries Savory green beans Garden salad Season blend vegetable Potato wedges Italian green beans Spanish rice Tríple chocolate cookíe Choice of fruit's Gelatin fruit Cups Whole fruit cup Pineapple cups Fruit salad Submarine Sub Hamburgers or chicken wings Chicken Quesadilla Chicken fried chicken w gravy Big daddy Pizza or Beef Burrito tossed side salad Pull Pork Sandwich Crispi to w cheese sauce wheat Rolls breaded steak finger/gravy baby carrots w ranch Potato wedges whipped potatoes/roll tossed side salad veggie dipper/Ranch broccolí w cheese sauce Ranch cups pínto beans French Fries green peas fresh Cut Oranges Fresh fruit choice fruit crisp peach cups Tomato-cucumber cups Applesance cups Fresh Fruit C Mandarín Oranges Fresh fruit choice

Chicken sandwich
Slice beef sandwich
veggie cups w ranch
salad garnish/ pork-n-bean
baked chip
Fresh fruit

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